

Monitor Sports Day Wednesday

THE MONITOR NEWS

NEXT

Issued Fridays
\$1.50 per Year

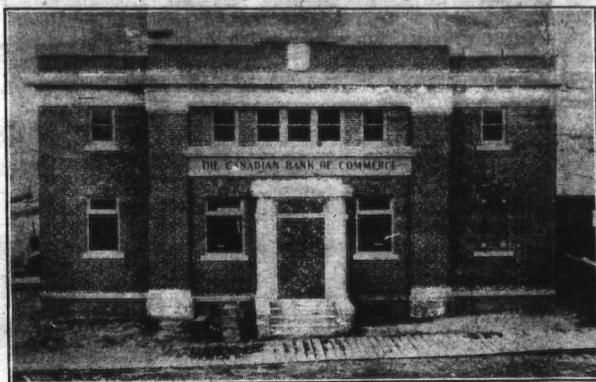
Subscription
17

VOL. 6

Member 677 C.W.N.A

MONITOR, ALBERTA, FRIDAY, JUNE 24 1921.

NO. 24



MEMORIAL TABLET IS UN- VEILED IN BANK HERE

A sacred and imposing ceremony took place in the local branch of the Canadian Bank of Commerce on Saturday afternoon last, when a Bronze Memorial Tablet, erected in memory of those who had joined at the at the Monitor Branch of the Bank, was unveiled.

P. Moth, Esq., J.P. Reeve of the Village of Monitor occupied the chair, assisted by the Manager, J.C. Matheson Esq., and the Rev. W.S. Wickenden and Rev. E. Davidge.

Mr. Matheson briefly outlined the idea of the Bank in having these tablets erected, one of which appears in every branch of the Canadian Bank of Commerce where members of the staff joined the colors. He stated that out of a personnel of 2100 no less than 1701 had volunteered, from purely patriotic motives, to fight for their King Country and Right, and 258 of them laid down their lives. Mr. Matheson pointed out that while Monitor only had three names on their tablet, yet at the time of their enlistment, the number of the staff was very small. He also drew attention to the fact that two of the three had made the supreme sacrifice.

Rev. Davidge then spoke very feelingly on the part the Canadian Bank of Commerce had paid in the great War, and gave a brief resume of the motto of the bank, and what it stood for.

The Chairman, Mr. Moth,

then gave the history, briefly, of those members of the local branch who had joined the colors here, and Rev. W.S. Wickenden brought the ceremony to a close with prayer.

It is interesting to note that the Canadian Bank of Commerce, has 500 branches in Canada, and in each Branch, a tablet, similar to the one unveiled here, is situated. In addition to this, the Bank has issued a handsomely bound volume, called "Letters from the Front". This interesting book, consisting of about 400 pages, is a record of the part played by officers of the Bank in the Great War. Copies were presented to each Branch Managers, and prominent Canadian citizens, and in all some 1000 copies were distributed. It is the intention of the Bank to also publish another book, giving the autobiography of these "soldier bankers".

"We give hereunder the "Military history" of these men from Monitor.

FISHER, IVAN MYRRIL—Lance-Corporal. Born 29th November, 1894, at Killarney, Manitoba, Canada. Father, Frederick Fisher. Educated at Great Falls, Montana, Public School, and Red Deer, Alberta, School. Entered the service of the Bank, 27th January, 1911. Enlisted, 25th October, 1915, from Monitor branch, in 51st Canadian Battalion, with the rank of Private. Transferred to 7th Canadian Battalion, upon arrival in France, 11th May, 1916.

Died of Wounds, 16th August, 1917. NOTE: Private Fisher was employed as a despatch carrier at the time of his death. He was recommended for the Distinguished Conduct Medal for his gallantry on the morning of 16th August, 1917, when he crossed the enemy barrage eight times. He was severely wounded in the head, body and legs, and did not recover consciousness. He died at No. 7 Casualty Clearing Station.

GILLESPIE, Victor Allan—Private. Born 3rd August, 1890, at Monaghan, Ireland. Father, Joseph Gillespie, Provision Merchant. Educated at Sligo Collegiate School. Entered the service of the Bank, 21st June, 1912. Enlisted, 1st December, 1915, from Monitor branch, in 2nd McGill

University Company, Private. Severely wounded in the chest.

Died of Wounds, 1st October, 1917. Buried at Aubigny Cemetery, France.

WALKER, ROBERT LEE—Second Lieutenant. Born 30th September, 1897, at Amberley Ontario, Canada. Father, Robert Walker, Farmer. Educated at School Section No. 12, Ashfield, Ontario, and Britannia High School, Vancouver, B.C. Entered the service of the Bank, 11th January, 1916. Enlisted, 4th January, 1918, from Monitor branch, in Royal Flying Corps, with the rank of Flight Cadet. Transferred to R.A.F. April 1, 1918. Promoted 2nd Lieutenant October '18. Served as Flying Instructor in the R. A. F. in Canada. Demobilized, 31st January, 1919.

and might add also that the present staff contains the following members late of His Majesty's Forces.

J.C. Matheson, Joined at Medicine Hat, on August 10 1914 in the 10th Canadian Infantry Battalion as Private, rising to the rank of Major. Was returned to Duty Oct. 25th 1919 after winning the Military Cross.

D. S. Waters Joined on Jun. 17th 1918 in the 1st. Depot Battalion Alberta Regt. as a Private. Was returned to duty Nov. 25th 1919.

James Taylor Joined August 10th 1914 in the 8th Canadian Infantry Battalion. Was prisoner of War from April 21st, 1915. Was Returned to Duty March 1919.

The ceremony was witnessed by about 40 of the citizens of Monitor and District and all were deeply impressed with the part the Canadian Bank of Commerce, as a whole and individually, played in the Great War.

Friday July the 1st Dominion Day Bank holiday

R. McLaren left on Wednesday for Lamont, Alta.

The Rev. Mr. Davidge has been busy taking the census this week.

: Hail Insurance :

I have taken the agency for the Western Underwriters, a company with assets of over \$125,000,000.00 and can give you the best service promptest adjustments and fairest settlements

See Me First

Mark Barker

Local Happenings

Mr. L. E. Larder left on Monday morning for a trip to Edmonton, Calgary and points west.

H. Grayburn is busy painting Consort. Not red, exactly, but he has a number of contracts on hand there and by the time he is finished, a big improvement will be noticed in the village.

Ye Ed paid a brief visit to Consort on Monday last.

All roads will lead to Monitor next Wednesday.

Rev. W. S. Wickenden returned on Saturdays train from Prince Albert, Sask.

Our readers in Provost and district will be pleased to learn that Mr. R. C. Humfrey is still very much in the land of the living at Vancouver. We very fortunately met him while we were there a short time ago, and spent a very pleasant hour or two discussing old times. Mr. Humfrey sends his regards and best wishes to his many Provost friends.

Monitor Branch of the Canadian Bank of Commerce

Hold Afternoon Tea.

To-morrow afternoon, at 4.30 the citizens of Monitor and district are cordially invited to the local bank, to partake of the "cup that cheers, but not inebriates." The gathering, which will comprise the informal opening of the new building, will comprise the informal opening of the new building, will give those present a chance to meet the staff, and at the same time an opportunity of looking over the splendidly appointed edifice. Everyone is welcome.

Watch For Our New Serial Story

Do not Miss the Opening Chapter of "The Homesteaders" Appearing In An Early Issue.

Nearly everybody has heard of the fame of the Canadian author, Robert J. C. Stead, who is not only one of Canada's best writers of fiction, but is an author who has written most intimately concerning life and conditions in the prairie west.

We have been very fortunate in securing the serial rights of one of Mr. Stead's best books, "The Homesteaders." The first installment of this story will appear in an early issue. Readers of "The Homesteaders" will feel instinctively that the author is a man who has lived among the people of whom he writes. We commend this story to our readers. Watch for the opening chapters. If you are not a regular subscriber to this paper, now is a good time to send in your subscription, so that you will miss no part of this interesting serial.

While in Calgary recently, we met the Rev. and Mrs. Wright who sent their best wishes to their Monitor friends Both are Well.

Mrs. A. Grace left on Wednesday last for an extended visit to Toronto.

TO-NIGHT!

A meeting of ALL COM-MITTEES connected with Sports Day will please be present in the Big Hall at 8.30 to night, for the making of final arrangements. It is important that every committee man be there. J.C. Matheson, Chairman

Red Cross Notes

Friday - July 1st at 8p.m.

A meeting on the above date will be held in the big hall for the purpose of forming a permanent branch of the Canadian Red Cross Society, Business, Election of Officers. Please Come

Do Your Ears Buzz? Have You Headaches?

When your ears ring, your head aches, and you seem slightly hard of hearing, beware of Catarrh. Mr. J. A. Hammil, writing from Greensmount, P.I., was similarly troubled, and writes: "No one could have worse Catarrh than I had for years. It caused partial deafness, bad taste, upset my stomach, made me sick all over. 'Catarrhoxone' cleared my nostrils, stopped the cough and gave me a clear feeling in my breathing organs. I am now absolutely well, thanks to Catarrhoxone." Nothing so certain as a Catarrhoxone Inhaler to strengthen a weak throat, to rid you of Bronchitis, to drive out Catarrh, coughs and cold. Sold everywhere, 25c, 50c and One Dollar for complete two months' treatment. Dealers, The Catarrhoxone Co., Montreal.

"Your Teeth"

By Rea Proctor McGee, M.D.,
D.D.S., Editor of Oral Hygiene.

CHILDREN'S HABITS.

Copyright, 1921, by Rea Proctor McGee.

Habits formed in childhood are very difficult to break. The younger the child, the more quickly a habit is formed.

Their experience having been so limited, they very quickly become accustomed to almost any new diversion that may come their way. Many little things that, at the time, seem trivial, will have a severe effect in after years.

One of the worst habits that a young child forms is that of thumb sucking. Many mothers would rather have the baby quiet than dissatisfied with life in general and raising Cain. But the pacifying of the youngster by this method will cause a great deal of difficulty.

When a child sucks its thumb it pushes the roof of the mouth upward so that it makes a very high arch; and as the roof of the mouth is the floor of the nose, the nasal space is reduced and the septum of the nose is pushed over either to the right or to the left—usually to the left.

The upper teeth in front, along with the bone in which they are imbedded, are pushed forward and upward, and the lower front teeth and the surrounding bone are pushed inward and downward.

Medicated dentifrices should not be used by children. What they need is just thorough scrubbing of the teeth twice each day with clean water and a mild, pleasant tooth paste or powder.

WHEN WOMEN SUFFER

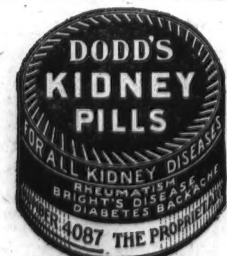
Look for weakness or ill-health. See if there is not a side ache, headache, restlessness and the "blues." The symptoms indicate that you need the gentle assistance of Dr. Hamilton's Pills. This soothing medicine is a great friend to womankind. They are a wonderful relief to constipation, they clear up sick headache, remove wastes and poisons from the system. Girls and women can use Dr. Hamilton's Pills with great success. Thousands use no other medicine and rely solely upon Dr. Hamilton's Pills to regulate the system and keep it in smooth running order. 25c all dealers or The Catarrhoxone Co., Montreal.

Then It Happened.

"Sure you would!" mused the Cheerful Idiot.

"Sure you could what," demanded the Wise Guy.

"Why if a couple of deaf mutes are on their honeymoon, you can say that they are unpeppably happy can't you?" replied the Cheerful Idiot.



W. N. U. 1373

Four Men Manage Huge Business

MacDonald Tobacco Co. Shunned
Letter Writing and Telephones.

Recent circulation and disproval of an unfounded rumor to the effect that W. C. MacDonald, Reg'd., Inc., has been acquired by the Imperial Tobacco Co., recalls an industrial history which is perhaps the most remarkable in the chronicles of Canadian business. In these days of gigantic corporations (among such the MacDonald Company is to be considered as one of the largest manufacturing enterprises in Canada), we seldom think of a "one-man business" otherwise than as a good prospect for the assignee; yet the MacDonald institution has always been, still is and will continue to be during the lifetime of its present owners, at any rate, a one-man business in the strictest sense of the term.

The largest producers of plug tobacco in this country—and now among the largest too, of cut tobacco, it employs an office staff of five persons. Modern business men, recalling personal experiences, may be inclined to scout this statement, but it is none the less true. A business aggregating many millions of dollars annually is transacted by five office employees. This condition, presumably, is a survival of the form of efficiency for which that enigmatic, taciturn business genius, the late Sir William MacDonald, was distinguished. In fact the spirit of the late founder still looms large in the conduct of the company's affairs.

William Christopher MacDonald founded his business of tobacco manufacturer in 1858, and since that time the name MacDonald has been one to conjure with in this country. Because in his later life he consistently refused to take cognizance of such modern adjuncts of business as the telephone, the office building elevator, the automobile, etc., it has been alleged that he was not a progressive individual, but his success affords ample disproof of such a contention—a success unparalleled, perhaps, in the history of Canadian business, a success which enabled him to be, next to the late Lord Strathcona, Canada's greatest philanthropist.

In the person of his secretary he found a talent like to his, and that talent, transmitted to the sons of the secretary, Howard and Walter Stewart, still controls, solely, the business of W. C. MacDonald, Reg'd., Inc., for to these two men Sir William left the wonderful enterprise he built up.

While the Stewart Brothers have recognized the merits of advertising with the result that their company is today one of the biggest advertisers in the Dominion, while they have taken cognizance of the automobile and of modern equipment, it is none the less true that the industry they control is still guided, and will be during their lifetimes at least, solely by the spirit and unvarnished commercial wisdom of the late Sir William Christopher MacDonald. Hence, any rumors of the purchase of this business by other interests, are at once untrue and illogical.

Requisite on the Farm.—Every farmer and stock-raiser should keep a supply of Dr. Thomas' Electric Oil on hand, not only as a ready remedy for ills in the family, but because it is a horse and cattle medicine of great potency. As a substitute for sweet oil for horses and cattle affected by colic it far surpasses anything that can be administered.

Many mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

Ore Sent To California

Regulations Forbidding Export For Smelting Are Waived.

About 3,000 tons of silver-lead ore, which has been mined in the Mayo district of the Yukon, is to be sent to Selby, California, for smelting. An order of the governor-in-council has allowed this export, despite regulations of the department of the interior that such ore shall not be mined unless it can be refined in Canada. This exception has been made in view of the fact that there are at present no Canadian smelters who are prepared to accept the shipment for treatment.

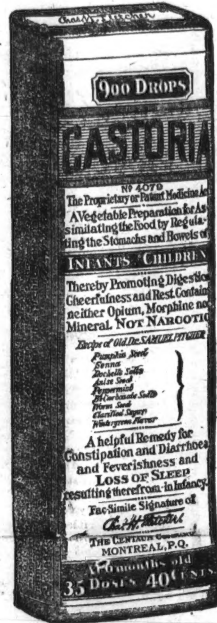
Minard's Liniment Lumberman's Friend.

When Baby Complains.

THERE ARE MANY WAYS a baby has of expressing any pain or irregularity or digression from its normal condition of health and happiness. A short sharp cry, a prolonged irritated cry. Restlessness, a constant turning of the head or of the whole body, fretful. In these and other ways a baby tells you there is something wrong. Most mothers know that a disordered stomach, or bowels that do not act naturally are the cause of most of baby's sufferings. A call for the doctor is the first thought, but in the event of any delay there should be ready at hand a safe remedy such as Fletcher's Castoria.

Castoria has been used for baby's ailments for over 30 years and has merited the good will of the family physician in a measure not equaled by any other baby's medicine because of its harmlessness and the good results achieved.

And remember this: Castoria is essentially a baby's remedy and not a cure-all for every member of the family. What might help you is too often dangerous when given to a babe.



Exact Copy of Wrapper.

Children Cry For

Fletcher's
CASTORIA

Let's Think It Over.

There is such a thing as saying too much on any subject, and the "grand-stand" talker sooner or later becomes a bore. The truth is always welcomed, and the truth reiterated and confirmed is more than welcome—it reaches your innermost soul.

Fletcher's Castoria is all its advertising has claimed for it. Scrutinized by the microscope of public opinion and used for over thirty years it stands without a peer in the hearts of thoughtful, cautious, discerning Mothers. And once used, mother love—there is no substitute for mother love—will scorn to try a "substitute" or a "just-as-good".

Masquerading under many names drugs that are injurious to the tender babe have found their way into some households, but the light of experience soon casts them out. Are they cast out before it is too late?

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

If the whole of the watery vapor in the atmosphere were to fall at once in the form of rain it would not, according to experts, cover the entire surface of the earth to a depth of more than five inches.

ECZEMA

You are not experimenting when you use Dr. Chase's Ointment. It relieves at once and gradually heals the skin. Sample box Dr. Chase's Ointment free if you mention this paper and send 2c. stamp for postage. 60c. a box, all dealers or Edman, Bates & Co., Limited, Toronto.

Moving Slowly.

Washington is moving for a repeal of the utterly illogical and irritating \$8 head tax on Canadians, native Canadians, who want to come over our border on business or pleasure. Some immigration laws get pretty close to the climax of legislative absurdity.—Brooklyn Eagle.

A town cannot grow without business. By helping your local dealer you assist the community.

When the first phonograph was demonstrated to the French Academy of Sciences the assembled scientists pronounced: "it nothing more than a feat of ventriloquism on the part of the operator."

Use **MURINE** Night-Morning
Keep Your Eyes
Clean, Clear and Healthy
Write for Free Eye Care Book Murine Co., Chicago, U.S.A.

If it is not marked
MACDONALD'S
it is not MacDonald's
Tobacco.

The Tobacco with a heart

THE STAR CAFE

Charlie Yee, Prop.

Meals At All Hours

Fruit, Confectionery, Soft Drinks
Cigars, Tobacco, Smokers Supplies
Ice Cream Soda Water Ice Cream Cones

Binder Twine

Rye growers come and order
your Binder Twine now. We
have it in stock.

No delay--No Worry--

Prices reasonable.

Every year for eight years
we have filled our orders on
time. We are prepared to do
so again this year.

JAS. A. HAYES

Honesty & Service

Who Knocked H---

OUT OF H.C.L. ? ? ! !

SPECIAL

5lbs Coffee for \$1.80
Whole Or Ground

We give 5 per cent discount off all cash
purchases amounting to \$2, excluding
Flour, Sugar and Produce

Next Wednesday Monitor Sports Day Store
will be open in the evening

High Quality Ferguson & Co. Low Prices

FOR SALE—Milk cows
and Heifers. 13 yr. old Short
Horn Bull. 1 DeLaval Cream
Separator. Apply to H. L.
Crisp. Monitor Alta.
231up

LOST—A two year old
Black mulley steer. When
last seen was going south—
tail up and eyes front. Finder
please Notify A. Grace
Monitor

23-24 n.p.

Any one wants to ship live
stock through the U. G. G.
soon, call and see the agent.
We also sell Barb wire, Coal
Domestic and Steam, Flour
and Feed, Hail and Fire In-
surance. United Grain Grow-
ers Ltd. Sam Lewis
Agent

LOST—One dark brown
gelding rather heavy built
weight about 1050 7 yrs. old
no brand. \$5 reward for in-
formation leading to recovery
of same. Chris Larsen
Altario Alta.

23-24 pd.

STRAYED to Sec. 32 T. 33
R. 2 W. 4th one sheep Owner
can have same by paying for
care and this ad also this ad.
also proving property.
George A. Ing. Kirriemuir
23-24 pd.

Notice to Creditors and Claimants.

In the estate of Albert Victor Brad-
ford, late of the Village of Kirriemuir,
Alberta, Farmer, deceased.

Notice is hereby given that all per-
sons having claims on the estate of
the said Albert Victor Bradford who
died on the 15th day of November 1920,
are required to file with the under-
signed Administrator of his Estate
by the 15th day of July, 1921, a full
statement duly verified, of the claims
and any securities held by them, and
that after that date the Administrator
will distribute the assets of the deceased
among the parties entitled thereto,
having regard only to the claims of
which notice has been so filed or
brought to its knowledge.

Dated this 1st day of June, 1921.

THE TRUSTS AND GUARANTEE
COMPANY LIMITED

220 Eighth Avenue West,
Calgary, Alberta, Canada.
H. A. HOWARD, Manager.

FOR SALE—30 young pigs
2 months old and some older.
Price from \$5 up; each Apply
to Carl Witte, 13-34-4
Monitor P. O.

24-25 pd.

STRAYED to my place
9-33-14 (1 mile away from
Stonelaw School) 1 Black
mare 4 yrs. old 4 white feet
branded BF on right shoulder
Owner apply at News office.

Improved Farm For Sale

Half Section in the best part
of Monitor District rich cho-
colate loam, no gravel or sand
good big house in first class
shape, ninety five (95) acres
in crop looking fine, 150 acres
broken, 50 acres fenced in
pasture, two good wells and
spring. will give you the best
buy in the district on this
half, cash or terms, apply to
P. O. Box 64

FOR SALE Two Bicycles.
Cheap for cash. C. Horsh's
Garage.

Stonelaw U. F. W. A.

Under the auspices of Stone-
law U. F. W. A. Miss Conroy
R. N. of Edmonton will give a
Demonstration Lecture, Short
Course in Home Nursing in
Gregerson School on July 4th
and 5th. Demonstration will
start at 2 o'clock and is open to
all Ladies. The Local is desir-
ous of securing as large an at-
tendance as possible.
Tea and Cake will be served.
Mrs. T. L. Hart
Secretary

Genuine Ford Parts
For Sale Here

SERVICE

In keeping with the Ford policy of thoroughness in every phase of
service, we have every needed appliance for doing repair work
promptly, efficiently—economically.

Our labor charges are based on a fixed scale and we sell
Genuine Ford Parts at prices set by the Company—the Ford Service
sign over our door is your guarantee of the genuine.

Ford Service is efficient and "one price" wherever you go.

We will give you an exact quotation of cost before you buy.

Get your repairs or replacements as soon as the need arises—and
save money.

Chas. B. Horsch Ford Dealer
Monitor Alta.

LARD

IS NOW 25c. per pound

Last years price was 45c per lb.

OUR FISH. FRESH and
CURED MEATS

are always clean and wholesome.

Store open from 6 to 7 on Wednesday next
Sports day

Monitor Meat
Market

Cream & Eggs

While we are not the "oldest" Cream station in the
district we are at least

The most modern and up-to-date Cream Sta-
tion doing business in town

The Meadow Creamery

which we represent is known by and to all. Top
prices. Fair Tests

Headquarters for the local

EGG CIRCLE

Thos. Ulph - Railway Ave.

Next to the Ford Garage

THE O.K. LIVERY & FEED BARN

DRAIVING OF ALL DESCRIPTIONS

PROMPT AND EFFICIENT SERVICE

AUTO LIVERY

PHONE 4 SLOAN BROS. MONITOR



There are more than 150 brands of baking powder in Canada; and the fact that there is more MAGIC BAKING POWDER used than all the other brands combined shows why Magic Baking Powder is known as Canada's best baking powder.

MADE IN CANADA

CONTAINS NO ALUM

Man's Greatest Asset

The universal membership enrolment campaign recently conducted by the Red Cross Society throughout Canada had for its object the arousing of the people to the vital need of greater personal interest in the matter of health. It was not a campaign to raise money, but a Dominion-wide and well organized effort to secure an active and intelligent public interest in measures for the prevention of disease, it being realized that an ounce of prevention is worth many pounds of cure. The average man, woman and child gives little heed to their physical well-being until they are afflicted with some ailment, and then there is a hurry-up call for a doctor.

That there is need for a great awakening on the part of the public in regard to matters of personal hygiene and public health was demonstrated by the enforced medical examination of men for military services during the war years, but, startling as were the disclosures from those examinations, even more staggering are some recent figures and opinion contained in an article in The Journal of Health and Sanitation, written by Dr. J. H. Kellogg, superintendent of the famous Battle Creek Sanitarium.

Races of men have sometimes died out and utterly disappeared and Dr. Kellogg is of the opinion that this may happen to the whole human family if we continue to live under what he considers present unnatural conditions. Man, says Dr. Kellogg, is a very old-fashioned animal trying to live in a new-fangled way, in a manner that no animal ever before adventured, and so unnatural and so ill-adapted to his constitution and his requirements as to render his ultimate undoing inevitable. Man is by nature an open-air dweller. But the business and professional men, incarcerated behind the doors of their offices, with their assistants, die years before their time, and, on the average, twenty years sooner than the farmer whose vacation keeps him in the open.

Present-day habits and methods of living are held accountable for the physical deterioration of the race, and for the prevalence of diseases which are carrying off people by the million. According to Dr. Kellogg, the United States loses from its population of 100,000,000 by death 1,500,000 people every year, while 3,000,000 people are sick all the time. In other words, one-fifth of the population are inefficient or lost. He estimates that an average of seven days are lost from labor by sickness every year. Tuberculosis is gaining ground, and kills one out of every ten of the population. Cancer kills one in twenty. Other maladies are rapidly gaining ground. In England and Wales the insane are increasing twice as fast as the sane, and in France ten times as fast. Coupled with these alarming symptoms, there is the serious fact that the birth rate in nearly all civilized countries is rapidly declining.

Dr. MacNeill, superintendent of the Mental Hospital at Battleford, Sask., made the statement recently in a public address at Regina that at the present rate of increase of mentally deficient people there would not be enough mentally efficient people to look after them fifty years hence.

In support of his contention that present habits and methods of living are responsible for existing conditions, Dr. Kellogg draws attention to one of the interesting lessons from the war, namely, the notable lowering of the death rate in several countries. In Denmark the death rate fell 35 per cent, due, in the opinion of Dr. Hindhede, the Danish food controller, to simpler habits of living, and especially the low-protein diet and the use of coarse bread. In Germany, too, diabetes has practically disappeared from the same cause, and gout, formerly very common, is now unknown.

Good health is the greatest asset any person can possess. Wealth is of little value to a man if he does not possess good health so that he may enjoy it. Without health no one can get much pleasure out of life. Lacking health no person can be wholly efficient. Ill-health is waste. Yet the best medical experts agree that, by taking proper precautions there is little reason for sickness, and that many diseases which now number their victims by the millions could be readily stamped out.

Health studies and health conditions must be given first place and foremost attention in our public schools. People must be made to understand that soundness of body is fundamentally essential in business, art, literature, politics and religion, as well as in warfare, sports and industry. By creating an enthusiasm for health promotion and physical perfection a long step forward will be taken towards the realization of that better state for all people towards which the world is blindly groping. "A popular, nationwide Crusade for Good Health is imperative. Governments can do much, but the main essential is an aroused and active interest on the part of every individual citizen." The promotion of health is the only real, lasting and basic national policy for any country.

Friend or Foe?

Many people find that tea and coffee are foes to their health, but that Instant Postum is a friendly table drink.

This pure cereal beverage is rich in aroma and flavor—fully satisfying—and contains no element of harm for nerves or digestion.

"There's a Reason" for POSTUM



Japs Plan To Raft Timber From B. C.

Think Davis Structure Will Stand Trans-Pacific Passage

A Japanese firm proposes to make another attempt to raft timber from British Columbia to Japan. They believe that the Davis raft structure, of which the outside masts of logs are laced with cable, can be made to stand the trans-Pacific passage. The first raft will leave this coast about August. It will have a super-structure of piled logs, strongly laced. Hitherto rafted logs have not withstood long sea journeys, except one which was taken from San Francisco to China about twenty years ago. Favored by calm seas the raft was safely landed. The Chinese, however, unused to big logs, took ten years to cut up this boom, using long, hand rip saws to make the boards.

One of the most effective vermifuges on the market is Miller's Worm Powders. They will not only clear the stomach and bowels of worms, but will prove a very considerable medicine for children in regulating the infantile system and maintaining it in a healthy condition. There is nothing in the composition that will injure the most delicate stomach when directions are followed, and they can be given to children in the full assurance that they will utterly destroy all worms.

Canada's Huge Wheat Area

Prairie Provinces Have More Than Ninety Per Cent. of the Wheat Acreage.

The total area sown to wheat this season in the Dominion of Canada is estimated at 18,654,100 acres, an increase of half a million acres over the 1920 area, constituting a new record for this grain. Seven hundred and nine thousand one hundred acres of this is seeded to fall wheat, leaving 17,945,000 to be sown this spring.

The prairie provinces have more than ninety per cent. of the Dominion's wheat acreage, with 17,418,900 acres. This shows an increase of 577,000 acres over the previous year.

No need to suffer with corns, or to run the risk of paring them. Remove them surely and painlessly with Holloway's Corn Remover.

Crossing Stock With An Automobile.

If a motorist runs down a pig it is sure to be a blooded Berkshire, remarks the Boston correspondent. Every chicken slaughtered is a pedigree bird worth \$40 to \$50. A yellow barnyard cat is a wire-haired fox terrier. A calf is always of Alderney or Guernsey blood—in fact, nothing seems to improve stock like crossing it with an automobile.

Fiction is less strange than the truth because we miss it oftener.

WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Mrs. W. Beesley, Millie Roche, Ont., writes "I have used Baby's Own Tablets for the past eight months and would not be without them. I used them for indigestion and teething and my baby is cutting his teeth without any trouble whatever. I can highly recommend the Tablets to other mothers." What Mrs. Beesley says thousands of other mothers say. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach, thus driving out constipation and indigestion and making teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

"Equinoctial" a Myth. That the equinoctial storm is a myth is demonstrated by an astute co-operative observer of the United States Weather Bureau, says the Scientific American. This popular belief is probably the result of teaching handed down from father to son. Old weather saws are very hard to eliminate.

Manitoba Free Press Crop Report. The Manitoba Free Press crop report, published June 7th, states that crop conditions are, if anything, more favorable than at May 17th. "It would be difficult to think of a more generally satisfactory report of conditions spread over so wide a territory," says the Free Press.

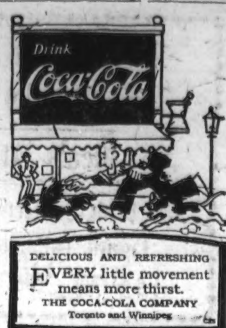
Keep Minard's Liniment in the house

W. N. U. 1373

New Camera's Great Range

Can Photograph From Height Where Airplane is Invisible.

Scientists of the United States Bureau of Standards revealed the details of a new photographic process but recently perfected. The discovery is expected to be of tremendous military value to the air service, as well as to have incalculable scientific and commercial application. It will give to the eye of the camera power which nature has never endowed to the human eye, for it will be possible for airplanes to make photographs from heights so great that the planes themselves will be invisible from the earth, and to penetrate haze that the human eye cannot pierce.



Drink Coca-Cola

DELICIOUS AND REFRESHING

EVERY little movement means more thirst.

THE COCA-COLA COMPANY

Toronto and Winnipeg

OPPORTUNITIES IN THE VETERINARY PROFESSION

If you desire to enter a profession you should consider what the new field of Veterinary Science has to offer. Graduates have splendid opportunities for a successful career. You should inquire.

Write for Bulletin and Calendar to G. D. McGilvray, M.D.V., Principal.

Under the Ontario Dept. of Agriculture

ONTARIO VETERINARY COLLEGE

TORONTO, ONTARIO.

Put the whole family in

FLEET FOOT

ENJOY the comfort and economy of FLEET FOOT shoes right through the summer.

There are heavy FLEET FOOT shoes for work in fields, garden and barn.

There are FLEET FOOT white shoes, pumps and oxfords to wear when work is done in styles for men, women and children. Genuine FLEET FOOT shoes have the name stamped on them. Look for it.



Ask your Shoe Dealer for Fleet Foot and make sure you get Fleet Foot

The tea with the flavor that suggests a second cup. Gold Standard Tea. Try the Blue Label. The Godville Co. Limited.

SUMMER TOURIST FARES

TO VANCOUVER, VICTORIA AND PACIFIC COAST POINTS

THROUGH CANADIAN ROCKIES

CHOICE OF ROUTES ON LAND AND SEA GOING AND RETURNING.

ROUND TRIP TICKETS FROM POINTS (Western) ONTARIO, MANITOBA, SASKATCHEWAN and from all stations CALGARY and EDMONTON (inclusive) in ALBERTA. (Via LOOMA, C.N. via TOFIELD, G.T.P.)

NOW ON SALE Liberal Stopovers Final Return Limit October 31, 1921.

SEE JASPER PARK AND MOUNT ROBSON

FOR FULL INFORMATION AS TO FARES, SERVICE, RESERVATIONS, ETC., APPLY TO ANY AGENT

CANADIAN NATIONAL RAILWAYS



Make Shaving a Pleasure With Cuticura Talcum

After shaving with Cuticura Soap the Cuticura way, Cuticura Talcum is an indispensable adjunct. Antiseptic and prophylactic, it is soothing and refreshing to the most tender skin.

See 25¢, Ointment 25¢ and 50¢. Sold throughout the Dominion. Canadian Depot: Eugene, Limited, 244 St. Paul St., W., Montreal.

Cuticura Soap shaves without stung.

Cook's Cotton Root Compound

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, 511 No. 2, 512 No. 3, 513 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor).

Blind Men at Work

Report of St. Dunstan's Shows Soldiers and Sailors Busy.

Blind sailors and soldiers ready and willing to do their share in building the new world are to be kept busy, Sir Arthur Pearson states, in the sixth annual report of St. Dunstan's Hostel, that increasing schemes are in formation to create activities for blind sailors and soldiers. "We are still hard at it with the aftermath of the war," writes Sir Arthur. There are now 1,772 names on the books of St. Dunstan's, and more than 1,200 men are already at work.

Catarh

Catarh is a focal disease greatly influenced by constitutional conditions. HALL'S CATARRH MEDICINE is a Tonic and Blood Purifier. By cleansing the blood and building up the system, HALL'S CATARRH MEDICINE restores normal conditions and allows Nature to do its work.

All Druggists. Circulars free. E. J. Cheney & Co., Toledo, Ohio.

The patriotic man is loyal to his country and to the community in which he lives. If he is consistent he will give first preference to Canadian made goods when making purchases. He will also stand loyally by his local dealer.



Pains About the Heart

ANY derangement of the heart's action is alarming. Frequently pains about the heart are caused by the formation of gas arising from indigestion.

Relief from this condition is obtained by the use of Dr. Chase's Kidney-Liver Pills.

Chronic indigestion results from sluggish liver action, constipation of the bowels and inactive kidneys.

Because Dr. Chase's Kidney-Liver Pills arouse these organs to activity they afford lasting relief for indigestion and overcome the many annoying symptoms.

Dr. Chase's Kidney-Liver Pills

World Happenings Briefly Told

A new wing to St. Joseph's Hospital, Sudbury, will be built, costing about \$4,000.

Colonel Robert Olds, European commissioner of the Red Cross, has announced his resignation.

At the age of 107, Henry Jones, Cumberland county's oldest citizen, and possibly the oldest Nova Scotian, died at Brookdale, N.S.

Donald Maclean, barrister, of Saskatoon, has been appointed a judge of the court of king's bench for Saskatchewan, it is officially announced.

The southward migration of the Mennonites to the United States will not take place until the fall, according to railway officials.

Fifteen job printers employed by the Herald Press, Montreal, went on strike when given work to do which came from a Toronto shop, where the men were on strike.

Mr. and Mrs. Frank Dill, who have "just stepped over" from Halifax, are the second pair of trans-Canada hikers to finish the Halifax to Vancouver journey on foot.

Two aerial police will be added to the Chicago force to regulate aerial traffic, assist in hunting bank and auto bandits, and patrol the lake front for persons and vessels in distress.

At a military track meet in San Francisco, twin brothers who look and run alike, so confused the judges that they gave them first and second place alternately in the six events they won.

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given, the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are ward off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

England has reduced her war debt to Canada by one hundred million dollars during the last year.

O. McPherson, Furniture Dealer, Undertaker, Armstrong, B. C.

Dear Sir—Since the start of the Baseball season we have been hindered with sore muscles, averted ankles, and just as soon as we started using Minard's Liniment our troubles ended. Every baseball player should keep a bottle of your liniment handy.

Yours truly,

W. E. McPHERSON,

Secretary Armstrong High School, Baseball Team.

Health of Animals

Provincial Veterinarian Says Condition of Stock Improving.

Dr. M. P. McClellan, provincial veterinarian for Saskatchewan, states that one of the best ways of judging how cattle came through the winter is by observing the condition of animals at the spring sales. By this test, their condition is incomparably better than a year ago. At the present time the general health of animals was never better. "The steadily increasing demand," says Dr. McClellan, "for blackleg filtrate and vaccine, which is handled by the livestock branch for the convenience of veterinarians and stockmen, amply testifies to the intelligent attitude adopted by the stockmen of the province toward preventive animal medicine."

An Oil that is Famous—Though Canada was not the birthplace of Dr. Thomas' Electric Oil, it is the home of that famous compound. From here its good name was spread to Central and South America, the West Indies, Australia and New Zealand. That is far ahead enough to attest its excellence, for in all these countries it is on sale, and in demand.

Clerk—Do you want a room for 50 or 75 cents?

Stranger—What's the difference between them?

Clerk—In the 75-cent rooms we put a rat-trap.

Nature has equipped a man for happiness, but he gets strenuous occasionally and slips a cog.

Ask for Minard's and take no other

THE MISERY OF BACKACHE

Removed by Lydia E. Pinkham's Vegetable Compound.

Meaford, Ont.—"I took Lydia E. Pinkham's Vegetable Compound for backache, and I also had a female weakness. I felt dizzy and nervous, and was without energy. I had to force myself to do my work, and was always tired. Saw a Pinkham advertisement which induced me to take the Vegetable Compound, and my back gradually stopped aching and I felt lighter in spirit. I am recommending the Vegetable Compound with pleasure to all I meet who complain as I did."—MILDRED BROOK, Meaford, Ont.

Woman's Precious Gift

The one which she should most zealously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

He Changed the Place.

A Chicago banker was dictating a letter. "Tell Mr. Williams," he said, "that I will meet him in Schenectady." "How do you spell Schenectady?" asked the stenographer. "S-c, S-c-e-r-e-r—Oh, tell him I'll meet him in Albany."

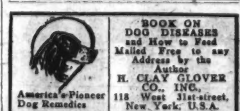
A SPLENDID TONIC FOR WEAK PEOPLE

Dr. Williams' Pink Pills—Act On the Blood and Nerves.

Food is as important to the sick person as medicine, more so in many cases. A badly chosen diet may retard recovery. In wealth the natural appetite is the best guide to follow; in sickness the appetite is often fickle and depraved.

Proper food and a good tonic will keep most people in health. Dr. Williams' Pink Pills are a fine tonic medicine, harmless and certain in their action, which is to build up the blood and restore vitality to the run-down system. For growing girls who are thin and pale, for pale, tired women, and for old people who fail in strength, Dr. Williams' Pink Pills are an ideal tonic. Thousands have testified to the benefit derived from the use of this medicine, among them is Mrs. William Galloway, Hanport, N.S., who says: "Before I began the use of Dr. Williams' Pink Pills I was so weak and run down that I could hardly do my own work. I often suffered from headaches and was very nervous. I then began the use of Dr. Williams' Pink Pills and I can truthfully say I have found them the best medicine I have ever taken. You may depend upon it I will advise other sufferers to take these pills."

You can get Dr. Williams' Pink Pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.



ASPIRIN

Only "Bayer" is Genuine



Warning! Take no chances with substitutes for genuine "Bayer" Tablets of Aspirin. Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all. In every Bayer package are directions for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Have in boxes of twelve tablets cost few cents. Druggists also sell larger packages. Made in Canada. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monacetic-acidester of Salicylic Acid.

W. N. U. 1273

Fringe Invades The Realm Of Pyjamas



By Marie Belmont.

Fringe is in high favor at the present time for adorning the varied garb of lovely woman. These pyjamas inspired by the cowboy's picturesque attire, show how effective fringe really is. They are made of pale blue crepe de chine and the fringe is of blue and pink silk. The shirt is cut generously long, so that it may be bloused about the figure. A soft fold of the crepe de chine is draped around the waist-line and knotted at the side. The collar duplicates the gay handkerchief of the cowboy, and is cut from blue crepe de chine. The turnback cuffs are also made of blue crepe de chine.

Our slogan for the coming year should be, "Buy at Home." Add to your own and your neighbor's prosperity by keeping the money circulating in our own district.

Minard's Liniment used by Physicians

Innocent Tots.

Two children were standing before the Venus de Milo.

"Wonder if she was married," said one.

"Course not," said the other. "No one could ask for her hand, 'cos she didn't have any."—Boston Transcript.

MONEY ORDERS

It is always safe to send a Dominion Express Money Order. Five dollars costs three cents.

FRED ROBERTS, of Vancouver, B.C., says he knows what it is to enjoy good health for the first time in six years—Rheumatism is relieved and has gained ten pounds.



"For the first time in six years I know what it is to enjoy good health, and since it was Tanlac that got rid of my troubles and put me into such fine shape, I think it is up to me to state the facts for the benefit of others," said Fred Roberts, 1624 Georgia St., East, Vancouver, B.C.

"I suffered for years from biliousness and my appetite varied a lot. Sometimes I would hardly touch a bite and other times I would eat a hearty meal, but, as sure as fate, if I did eat anything, I had to suffer for it afterwards. I would get nauseated and bloat up with gas so bad I'd have palpitation of the heart and almost choke for breath. I had violent headaches that left me weak and lifeless and suffered with such awful pains in the back that it was agony to stoop over. I also had rheumatism in my right leg which gave me a lot of trouble and which kept me awake so much at night that I was tired most of the time."

"I've only taken four bottles of Tanlac so far, but already I have gotten wonderful results from it. I have a good appetite, can eat anything I fancy and never have a sign of biliousness or gas or pain afterwards. My food seems to do me good too, for I feel much stronger and have gained ten pounds in weight. I'm not bothered with pains in the back any more and the rheumatism has entirely disappeared. I now sleep well at night and get up feeling fine. My wife also has been taking Tanlac with wonderful results and she joins me in expressing our thanks for the great good we have gotten from it."

Tanlac is sold by leading druggists everywhere.

The Endurance of Your Automobile, Truck, or Tractor

Depends not only upon the time of Lubrication, but the kind of Lubrication

Whitmore's Protective Composition



Add 500% to Gear Life. Thousands of tests have been conducted by Lubricating experts to demonstrate the relative efficiency of various lubricants. The result of these tests conducted over years, has fixed the choice of sixteen leading manufacturers. These manufacturers include—
The largest builder of fine cars in the world;
The largest builder of trucks in the world;
The largest builder of axles in the world;
The largest builder of worm gears in the world.
Many Lubricants contain acid. They not only fail to counteract friction, but are themselves harmful and corrosive to gear and bearing surfaces.

Whitmore's Compositions Contain No Acids

They are proof against heat and cannot break down or squeeze out. In the Panama Canal Emergency Dams, six million pounds rest on an unbroken film of WHITMORE'S. After an exhaustive test the U.S. Army contracted for its exclusive use.

Manufactured by—

THE WHITMORE MANUFACTURING CO., Lubricating Engineers, Cleveland, Ohio.

CANADIAN AUTOMOTIVE SALES COMPANY, Toronto, Montreal, Winnipeg, Regina, Canadian Selling Agents.

MONITOR'S SPORTS DAY

THE BEST YET

Aeroplane Exhibitions
Stunt and Passenger Carrying Flights

Broncho-Busting Riders
will try to tame the famous Gray Ghost and other bad 'uns

Baseball Tournament
First \$65 Second \$35 Write Mr. Matheson for full particulars

PROGRAM OF RACES

Free for all half mile dash (one heat only) Running race	First \$15.00	Second \$10.00
Pony race half mile (14.2 hands and under)	First \$10.00	Second \$5.00
Half Mile cow boy race Open	First \$10.00	Second \$5.00
Tug of War Married men vs. single men		Prize \$10.00
Tug of War Married women vs. single women		Prize \$10.00
Standing Broad Jump	First 3.00	Second 2.00
Running broad Jump	First 3.00	Second 2.00
1.00 yard dash open First \$5. Second \$3.	Fat mans race First Box Cigars 2nd. yrs. sub to News	
Ladies 50 yd. dash First 3.00 Second 2.00	Girls 14 and under 50 yard dash 1st \$2 2nd 1.00	
Boys 16 and under 75 yd. dash	First 2.00 Second 1.00	
Boys 12 and under 50 yd dash	First \$1. Second 50 cents	

Monitor Citizens Band on the Ground
Refreshment Booths 'n Everything

JUNE 29TH

A GRAND BIG DANCE

in the Big Hall in the evening will be a fitting climax to the jolliest day you ever had

COME ON IN

KEEP YOUR MONEY IN THE WEST

INSURE

In an all CANADIAN WESTERN CO
That is as STRONG AS THE ROCKIES

The Canada Security Assurance Co.

Head Office Calgary Alta.

GUARANTEED BY THE NORWICH UNION

FIRE, HAIL, AUTO.

SERVICE SECURITY SATISFACTION

Agent.

H. A. WARNER,

Monitor

POUND NOTICE

Notice is hereby given that 1 Sorrel mare branded JN on on left hip. 1 Dark brown Stallion white stripe on face 1 white foot 3 years old. 1 brown horse 5 yrs. old weight 1250 fore top trimmed. Was impounded in the pound kept by the undersigned on the S. E. 1 sec 28 Tp 33 Rge 5 W. of the 4th. Mer.
L. Seeman Poundkeeper
Monitor P. O

A black mare came to my place on about the 15th of June Halter and rope right hind foot white. Looks to be about 3 or 4 years old. Owner can have same by paying for this ad. and pasture. Sec. 32-34 J. H. Faucher.
24th. up.

NOTICE

REWARD offered for information leading to the recovery of one Bay mare Black mane and tail may have sucking colt now. Wt. about 1400. Age 6 years. left hind foot white Branded N E on left hip. Brand may not be visible N. W. 14-35-4
John A. Connah.
23-25 pd.

Sounding Lake

A very enjoyable afternoon was spent at Horse Shoe School on Wed. June 15th when the children gave a concert in aid of the Junior Red Cross which was well attended by the parents and others. The sum of \$7.60 was collected and much credit is due to the teacher and children for the splendid way in which, songs, recitations and drilling exercises were rendered.
contributed

COMMENT

A recent case of cattle driving in this district having come to our knowledge, in which the owner did not recover the complete herd for several weeks, and in which he (generously, we consider) waived his right to prosecute, though ample proof of the offender's guilt had been secured, we deem it to be opportune and instructive to publish the following extracts from the Criminal Code, which may act deterrently to others similarly inclined to take the law into their own hands:-

Sec. 70. Everyone who counsels... another person to be a party to an offence of which that person is afterwards guilty is a party to that offence.....

Sec. 392 Every one is guilty of an indictable offence and liable to three years imprisonment who,—

(a) without the consent of the owner thereof fraudulently takes, holds, keeps in his possession.... or fraudulently causes or procures, or assists in the taking possession..... of any cattle which are found astray.

Sec. 501 Everyone is guilty of an offence..... and liable on conviction to a fine not exceeding hundred dollars, or to three months imprisonment, with or without hard labour, who, wrongfully and without lawful authority, with a view to compel any other person to abstain from doing anything which he has a lawful right to do..... intimidates such other person... by threats.... of injuring his property.....

HAIL!!

The Westchester Hail Company

Assets over Nine Million Dollars

Reference. Canadian Bank of Commerce

Private Adjusters

Applications Wired at our expense

CALL IN

H. L. Crisp

Will Oppose Renewal Of Anglo-Japanese Treaty

Said That Premier Meighen Will Use His Influence to Have Treaty Denounced.

London.—The advisability of renewing the Anglo-Japanese Alliance, a question in which Canada is vitally interested, will be the first subject before the conference of Prime Ministers in session here.

Premier Hughes, of Australia, interpreting the public sentiment of his country, will urge renewal, but Premier Meighen is also certain to throw the whole weight of his influence toward having the treaty denounced. The Canadian premier was willing to support a renewal of the Alliance providing it could be shown that such renewal was necessary to British interests, but it has become clearer that no vital empire interest is involved and there is a strong sentiment here, both in Government circles and in the press, against the treaty, he has practically determined to fight against renewal to the utmost of his power.

The Premier of Canada will base his opposition to the treaty on three grounds: First—That the reasons which made it necessary in 1911 have since disappeared.

Second—That renewal of the treaty would be regarded as a challenge to the United States where the Harding administration and the new Congress have just taken a step in the direction of disarmament, and, Third—That the formation of special alliances is antagonistic to the spirit of the times and to the endeavor that the world is making toward disarmament and peace.

In this attitude Mr. Meighen is certain to encounter strong opposition. Premier Hughes has been talking and giving interviews to the British press and is demanding the treaty be renewed. He urges, of course, that it be framed in such a way as to be satisfactory to the United States, but few here believe such a thing is possible. The Australian Premier's strong card will be the attitude which Premier Meighen is almost certain to adopt on the question of naval defense. The Canadian Premier urging that this question be postponed until the next constitutional conference.

Rotarians at Edinburgh

Many Countries at Rotary Convention Held in Scotland.

Edinburgh.—It was reported at the annual convention of the International Association of Rotary Clubs, that there were represented at the session 609 clubs from the United States, 33 from Canada, 31 from Great Britain and Ireland, 5 from Cuba, 3 from South America, and 1 from India.

Prior to the beginning of the business session, Frank Weedon, of New York, led the delegates in the singing of popular songs, thus upholding the unconventional nature of the assembly.

A Farewell Gift

Wives of Cabinet Ministers Present Gift to Duchess.

Ottawa.—The wives of the federal cabinet ministers presented as a farewell gift to the Duchess of Devonshire, a silver casket with the Canadian coat of arms enamelled thereon and lined with gray satin. The presentation was made at Government House by Lady Foster, wife of the acting premier. Lady Foster expressed the regret of the cabinet ministers' wives over the departure of Her Excellency and their appreciation of "the tender sympathy shown during all the times of storm and stress through which we have passed together."

German Haircuts Up.

Berlin.—Germany is being forced into an alliance with the Bolsheviks. Berlin barbers are to blame. They announce that on account of high labor cost, price of haircuts and shaves will be boosted 20 per cent.

COULDN'T DO HOUSEWORK

HEART SO BAD

Many women become run down and worn out by their household cares and duties never ending and sooner or later find themselves with weak hearts and shattered nerves.

When the heart becomes weak and the nerves unstrung, it is impossible for a woman to look after her household or social duties. The least little exertion or excitement leaves her in an exhausted condition, and not fit to do anything.

On the first sign of any weakness of the heart or nerves, you will be wise if you take a course of Milburn's Heart and Nerve Pills. Mrs. Daniel Bezanon, Loganville, N.S., writes: "As I was troubled with a weak heart for nearly two years I am writing to tell you what your great remedy, Milburn's Heart and Nerve Pills, has done for me."

My heart was so bad at night I could not sleep. I would take soothing spells, and I was so weak I could not do my housework. I tried two doctors, but got no results. A friend advised me to try Milburn's Heart and Nerve Pills. I have used six boxes, and I am completely reformed. I think they are the best medicine for heart trouble there is."

Price 50c a box at all druggists or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Would Be Serious Matter

Invalidation of Grain Act Would Make Chaos in Canada.

Moose Jaw.—A chaotic condition of affairs would exist in the country should the Canada Grain Act be found ultra vires, is the opinion expressed by Justice Hyndman, chairman of the Royal Grain Inquiry Commission. In discussing the legal status of the commission and the Grain Act, His Lordship pointed out that the situation would be similar to that which would exist should the Temperance Act be found unconstitutional. In such event, any person who wished to would be able to peddle whiskey without interference from the law. If the Canada Grain Act was found to be ultra vires of Parliament, this condition would obtain in the grain business. His Lordship intimated that he considered it possibly the most serious situation which had confronted Canada for a long time.

Airmen Block Smugglers

Official Announcement State Mexican Aviators Doing Good Work.

Mexico City.—Mexican aviators patrolling the Rio Grande border are declared to be doing good work in the apprehension of smugglers according to an official announcement. They are keeping up a rigid inspection from Piedras Negras to Matamoros. To date most of their captures have been persons bringing tobacco into Mexico.

Printers Strike Money.

Toronto, Ont.—Eighteen thousand dollars in strike money was handed out at the Royal Temple to members of the Typographical Union on strike. Married men receive \$25 a week, single men \$20 and apprentices \$12. Union leaders report that seventy employers have signed up with them conceding the forty-four week.

Treaty Money For Indians in North

Edmonton.—The Indian treaty party distributing government money to the Mackenzie River natives comprises six men, with H. A. Conroy at their head and will be in the north till the end of August. The party is travelling on a house boat towed by the Hudson's Bay power boat Hubac. Side trips will be made up some of the smaller streams by canoe. About \$10,000 will be paid out in treaty to the Indians north of Fort Providence. The money was sent ahead to Fort McMurray in care of the Hudson's Bay Company and is now being taken with the party for disbursement along the way. The itinerary of the treaty cashiers will extend to Fort McPherson, at the end of the line, this being the first time the Mackenzie River tribes have ever been included in the scheme.

Re-Elected By Acclamation



Hon. C. A. Dunning, Provincial Treasurer, who was returned by acclamation to represent Moose Jaw County in the Saskatchewan Legislature.

B. C. Would Restrict Japanese Immigration

Victoria.—The Provincial Government, through Premier Oliver, has forwarded to the Rt. Hon. Arthur Meighen in London, a cablegram strongly urging that any renewal of the Anglo-Japanese treaty should preserve to Canada the right to restrict Japanese immigration, something which the existing treaty does not stipulate. In connection with this subject, Hon. E. G. Barrow, minister of agriculture, has collected data showing to what extent Japanese and Chinese are engaged in the business of agriculture and horticulture in this province. This information has been forwarded to Hon. Dr. Talmie, who accompanied Premier Meighen on his mission to England.

Greek Offensive Beginning

British Reserves Relieving Division On Sea of Marmora.

Constantinople.—Opening of the Greek offensive against the Turkish Nationalists in Asia Minor is believed to be imminent. British reserves are relieving the Greek eleventh division at Imid, on the Sea of Marmora, which is proceeding to the Uchak front, near the Bagdad Railway, northeast of Smyrna.

The allied high-commissioners here have authorized the Greek fleet to operate from Gallipoli, at the southwestern end of the Sea of Marmora, up through the Bosphorus and along the Black Sea to Bakum on the Georgian coast. The Greeks have assigned to this work a squadron consisting of 25 warships.

Ice Cream Is Luxury.

Ottawa.—In a judgment issued, the Board of Railway Commissioners refused the application of the manufacturers of ice cream that this commodity should be placed in the second class for express purposes and not in the first class as at present. In rendering his judgment, Chief Commissioner F. B. Carvell declares that ice cream is essentially a luxury.

B.C. Forest Fires.

Victoria.—Forest fires in British Columbia during the last week brought up the total for the season so far to 158, according to the report of F. Z. Caverhill, chief forester.

Patronize your local merchant and thereby help to build up your home town and community.

For Stiff Neck And Sore Throat

Immediate relief comes from rubbing Nerviline over the chest and lower part of the neck. Rub in deeply—lots of rubbing helps. Nerviline reaches the congested parts at once, relieves tightness, takes out the soreness. A bottle of Nerviline in the home relieves a hundred ills, internal and external. Used for nearly half a century, as a general household remedy. Large bottles 35c at all dealers.

W. N. U. 1373

Old-Time Yarns in the West

By O-GE-MAS-ES (Little Clerk).

(Copyrighted)

I was managing the Fairford Post of the Hudson's Bay Company in the winter of 1874-5 and was fortunate enough to own a splendid train of dogs that I have mentioned in former sketches. Mr. Isaac Cowie at Manitoba House was my immediate chief and at his request I took a young sleigh dog to train with my own as these had a peculiarly fast slinging trot which covered the ground in an amazing way.

I had occasion to visit Manitoba House, or the Post as it was commonly called, and started early one morning in the dead of winter, hitching up the strange dog with my own. As I was taking a cariole and travelling light, I intended riding all the way and dressed very warmly accordingly. My dogs were not at all pleased with the interlope and quite often would give him a sly nip behind, to which he would natterly retaliate, and this made the train go even at a faster pace than usual. We were about fifteen miles out from Fairford and well on towards the centre of the frozen lake, when feeling tired and cramped I called a halt and got out of the cariole for a few minutes to stamp about and bring the circulation back. Turning my back on the dogs for a minute I heard a dash of bells and off they went in a flash, fortunately in the right direction. Running at top speed, I managed to keep near them for several miles, but noted with dismay they were gradually gaining ground and I was blown, also sweating profusely, as I had far too many clothes on for a dog-runner. I stopped and rested a minute or two, then taking off my heavy coat jogged along at a steady pace. But gradually the train drew further and further away until lost to sight, and then I had only the marks of their claws on the hard drifted snow for a guide, and even these gradually disappeared as some light snow was falling. My hard running at the stars had been too much and then it was a long time since breakfast and naturally all my grub was on the sleigh. I began to feel very much exhausted and an overpowering desire to rest at any cost came over me. Placing my cap on the ice I lay down on my back and stretched out my arms. My eyes closed and I verily believe I would have been fast asleep in two minutes, but I found my right hand holding something and on holding it to my sleepy eyes, lo and behold, it was a little frozen mouse, one of the kind with long noses. Goodness knows how he ever had got out here at least twelve miles from the shore, but on gazing at him a sudden conviction came over me that if I once fell asleep I would be like the mouse in a few hours—frozen stiff. With that I stiffly regained my feet, piled up my heavy coat, muffler and mittens on the ice and started for the

Narrows at a steady trot.

Provisionally for me an enterprising Yankee had built a log cabin right in the centre of the right-of-way of the old Canadian Pacific location which, as old-timers will remember, had decided on this route. This cabin I struck just about sundown and I was about all in, no food during the day, the overheating in the morning and now shills had come on and my legs felt like lead. My hands were too numb to rap at the door, so I ran against it, and on its opening, collapsed on the floor. Like all pioneers he was extremely hospitable, and taking off my outer clothes placed me in a warm bed, rubbed my limbs and gave me small doses of whiskey and water, so in a short time I was able to sit up and eat some supper.

Next morning I was at the Post bright and early hoping to find the dogs there, but no signs of them. We at once sent out a search party as there was some valuable furs at the back of the cariole, a silver fox amongst them, but the searchers returned in the evening, reporting no luck. Several days elapsed and I was disconsolate, as parties had been out daily but could find no trace of the dogs. One evening as I was looking out over the lake, I saw a dog-train coming in from the north-east at an unusually fast rate and calling Cowie to bring the glass fences we soon decided they were the missing dogs, but as they reached the landing there were only four, the stranger having disappeared.

A young Indian was riding in the cariole and told the following story: "I went out on foot to visit a line of wolf traps and on getting near the last one on the east side of the lake I noticed some large animals walking round it. When they caught sight of me they came tearing in great bounds and thinking they were wolves I prepared to defend myself with an axe (the only weapon I carried). But when I saw they were dogs I then knew these were the train that had run away from Oge-mas, and my, but they were glad to see me and licked my face and hands. On going up to the cariole I found Mr. Cowie's dog in the trap was a solidly frozen foot and the harness still on him. So, as he would be of no further use, I knocked him on the head for wolf bait."

On examining the dog harness I noted that three of the belly bands were chewed in half, and on his telling this I at once realized what had happened. Nero, my second dog, was a slim, thin haired creature with a very small head and could get out of his traces at any time my simply slipping the collar over his head. Then he apparently set to work and released his brothers one by one, leaving the unfortunate stranger to his own devices.

(To be continued)

Raising the Standard

Manitoba May Insist on Higher Qualifications for Teachers.

Winnipeg.—A movement has been launched to raise the standard of education in Manitoba by insisting on higher qualifications for public schools teachers. A couple of years ago the province was short of teachers. Today, according to those in touch with the situation, there are plenty to go round.

Under these circumstances it is believed the time is opportune to raise the standard.

Britain Sends Warning To Turks.

Constantinople.—The British have warned the Turkish Nationalists that any attempt to take Constantinople will mean war with Great Britain. The purpose of sending a British brigade from Malta to relieve the Greeks at Imid is to frustrate any such Nationalist attempt to occupy Constantinople.

New Rotary President.

Edinburgh.—Dr. Crawford C. McCullough, of Fort William, Ont., was unanimously elected president International Association of Rotary Clubs now in session here for the ensuing year.

France Hindering Silesian Adjustment

Lack of Co-operation is Producing Serious Situation.

London.—Great Britain, in a further communication to France on the Silesian question delivered through Lord Hardinge, British ambassador to France, calls attention to co-operate in the restoration of order in Silesia, and declares that the lack of concerted action in producing an increasingly serious situation. Great Britain suggests that all the British troops in Silesia be placed under British command which would involve the relinquishment of French military control at some points. It is explained that this would have the effect of freeing more British forces for independent action.

Corns, Warts, Bunions Painlessly Removed

Don't limp any longer; don't suffer another hour from corns. The oldest remedy and the best, the one that for fifty years has proved a true success, will lift out your corns in a hurry. Funtan's Painless Corn and Wart Extractor brooks no one remedy to use. Refuse a substitute, 25c every-where.

MY WARDROBE

THOS. ULPH - Proprietor

Cleaners Pressers Repairers

Dealers in Made to Measure Clothing

Ranging in price from \$20 to \$72

Agents for Dresswell, Pecks and Canadian Apparel

British Rubber Company Waterproof Apparel

Ladies and Gentlemen's wear.

Spring and Summer Samples Have Just Arrived

Service Is Our Middle Name

GOOD IMPLEMENTS ARE ALWAYS GOOD BARGAINS

You could turn the soil into a seed bed with a spade; you could plant and cultivate with a hoe; you could harvest with a sickle, thresh with a flail, and carry your grain to market in a sack.

You could perform all of those operations at slight cost for the implements used.

But it wouldn't pay.

Our service makes it easy for you to get good implements. You can come to our store—take full advantage of our stock, study the implements, get fully acquainted with their every feature, and buy judiciously.

LUCAS and EHLINGER

PHONE 9 PHONE 9

Build a Veranda

Every home should have a Screened Veranda and Glassed-in Sleeping Porch.

In the hot weather, they make cool, airy, resting places which the whole family will enjoy.

Our local manager will tell you how much it will cost, and advise you regarding plans and all building matters.

R.N. LAY Agent Monitor

BEAVER LUMBER COMPANY LIMITED

IN YOUR TOWN AND A HUNDRED OTHERS

The Monitor Tea Room

Light Lunch, Soft Drinks

Chocolates, Ice-Cream

Cigars, Tobacco,

Pipes

Columbia Gramophones and records.

M. Barker

W. F. MASON

L.R.C.P. L.R.C.S.

L.R.C.P. & S.

Physician and Surgeon

Office Hours: 10-12 a.m. 2-4 p.m.

OFFICE PHONE 14 RESIDENCE 10

W. G. MacKENZIE

Barrister, Solicitor Notary Public

Money to Loan

MONITOR ALBERTA

C. E. A. Standing

	Won	Lost	Avg
Monitor	5	1	.833
N. Valley	5	2	.714
Loyalist	3	3	.500
Veteran	2	5	.287
Consort	1	5	.167

By Sub-Rosa

Monitor Sports Day

The Pioneer Store

Will close at 12 o'clock Sharp

Open In the Evening 9 to 10 p.m.


Great Reduction

In Laily-Trimble spring and summer clothes

H. L. CRISP

High Quality New Stock Low Prices Service


MOWING MACHINES



To get the best results -- use the best machinery. The Frost and Wood has no equal in Western Canada.

Leave your order now. We have them.

HAMERS' Harness Shop MONITOR



CONSORT


v.s. Monitor

June 19 Played at Goosberry Lake

1	2	3	4	5	6	7	8	9	R	H	E	
Monitor	1	0	0	0	3	3	2	1	2	12	16	10
Consort	0	1	3	1	1	0	0	0	0	6	12	18

Batteries Glover and Stewart, Deagle and Kropenski

Three home runs were features in this game by Monitor



MONITOR

v.s. Loyalist

June 22 Played at Monitor

1	2	3	4	5	6	7	8	9	R	H	E	
Loyalist	0	0	1	1	0	1	0	5	0	8	10	14
Monitor	0	1	1	0	7	0	3	0	X	12	11	10

Batteries Haney and Haney, Glover and Stewart

Loyalist third Baseman pulled a sensational barehanded catch on a line drive, which was heartily cheered by the Monitor fans.